# AUTUMN TERM

***Week 1 – w/c 2 November***

| | YELLOW MEAL | GREEN MEAL |
|---|---|---|
| **MONDAY** | Spaghetti Bolognese, with carrots and cauliflower OR Mushroom, Lentil & tomato sauce with Spaghetti (V) (GF) (DF) | Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF) |
| | *Chocolate Sponge with Chocolate Custard / Fruit* | |
| **TUESDAY** | Homemade Sausage Rolls with new potatoes, green beans and sweetcorn (DF) | Macaroni Cheese with Salad/Vegetables (V) (GF) |
| | *Fruit Flapjack / Fruit / Yoghurt* | |
| **WEDNESDAY** | Roasted Chicken Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF) (DF) (No Yorkshire) | Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF) |
| | *Jelly with Ice Cream / Fruit* | |
| **THURSDAY** | Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) (GF) (DF) | Vegetable Chinese Stirfry (V) or Chinese Style Stir Fry with Chicken Strips and Sweetcorn (DF) |
| | *Carrot Cake / Fruit* | |
| **FRIDAY** | Breaded Fish with chips, baked beans and sweetcorn (GF) (DF) | Cheese & Leek Parcels with chips, baked beans & sweetcorn (V) |
| | *Date and Toffee Pudding with Toffee Sauce / Yoghurt/Fruit* | |

**Desserts** – as stated above or a choice of fresh fruit
**Salad** – Available daily
All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or Great Garnetts (sausages contain 80% pork meat)

**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V) Gluten Free (GF) and Dairy Free (DF) alternatives are available if indicated.**

# AUTUMN TERM

***Menu 2 – w/c 9 November***

| | YELLOW MEAL | GREEN MEAL | |
|---|---|---|---|
| **MONDAY** | Butcher's Sausage and mashed potatoes with carrots and peas (GF) (DF) | Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF) | |
| | *Chocolate Muffins / Fruit* | | |
| **TUESDAY** | Homemade Beef Meatballs in Tomato Sauce with pasta spirals, sweetcorn and green beans (GF) (DF) | Penne Napoletana (tomato sauce) with cheese, sweetcorn and green beans (V) (GF) (DF) | |
| | *Apple Crumble with Vanilla Custard / Fruit / Yoghurt* | | |
| **WEDNESDAY** | Roast Turkey Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF) (DF) (No Yorkshire) | Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF) | |
| | *Jelly with Ice Cream / Fruit* | | |
| **THURSDAY** | Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) (GF) (DF) | Chicken Tikka Masala with Basmati Rice, green beans and peas or salad (GF) (DF) | |
| | *Shortbread with Fruit / Yoghurt* | | |
| **FRIDAY** | Homemade Chicken Nuggets and chips with sweetcorn and baked beans (GF) (DF) | Salmon Fishcakes | Vegetable Fingers (V) |
| | | with chips, sweetcorn and baked beans | |
| | *Raspberry and Yoghurt Sponge / Fruit* | | |

**Desserts** – as stated above or a choice of fresh fruit
**Salad** – Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Company or Great Garnetts (sausages contain 80% pork meat)

**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V) Gluten Free (GF) and Dairy Free (DF) alternatives are available if indicated.**

# AUTUMN TERM

***Menu 3 – w/c 16 November***

| | YELLOW MEAL | GREEN MEAL |
|---|---|---|
| **MONDAY** | INSET DAY | INSET DAY |
| | | |
| **TUESDAY** | Beef Burger in a bakers' bun with carrots & peas (GF) (DF) OR Cheese Roll with Salad (GF) | Vegetable Chinese Style Stir Fry (V) and carrots & peas (DF) |
| | *Rice Pudding with Jam / Fruit / Yoghurt* | |
| **WEDNESDAY** | Roast Pork & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF) (DF) (No Yorkshire) | Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF) |
| | *Jelly with Ice Cream / Fruit* | |
| **THURSDAY** | Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) (GF) (DF) | Beef Lasagne with green beans and peas or salad |
| | *Banana and Caramel Pudding with Caramel Custard / Fruit* | |
| **FRIDAY** | Breaded Fish Fingers with chips, baked beans and sweetcorn. (GF) (DF) | Linguine Carbonara/Cheesy Carbonara with Salad/Vegetables (V) (GF) |
| | *Chocolate Cracknell/Fruit* | |

**Desserts** – as stated above or a choice of fresh fruit
**Salad** – Available daily
Burger Rolls from Dorringtons Bakery
All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or Great Garnetts (sausages contain 80% pork meat)

**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V) Gluten Free (GF) and Dairy Free (DF) alternatives are available if indicated.**

# AUTUMN TERM

***Week 4 w/c 23 November***

| | YELLOW MEAL | GREEN MEAL |
|---|---|---|
| **MONDAY** | Spaghetti Bolognese, with carrots and cauliflower OR Mushroom, Lentil & tomato sauce with Spaghetti (V) (GF) (DF) | Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF) |
| | *Chocolate Sponge with Chocolate Custard / Fruit* | |
| **TUESDAY** | Homemade Sausage Rolls with new potatoes, green beans and sweetcorn (DF) | Macaroni Cheese with Salad/Vegetables (V) (GF) |
| | *Fruit Flapjack / Fruit / Yoghurt* | |
| **WEDNESDAY** | Roasted Chicken Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF) (DF) (No Yorkshire) | Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF) |
| | *Jelly with Ice Cream / Fruit* | |
| **THURSDAY** | Chilli Con Carne with rice and pea and green beans (GF) (DF) | Chicken Fajitas with peppers (DF) & soured cream/salsa OR Bean fajitas with peppers & soured cream/salsa (V) (DF) |
| | *Carrot Cake / Fruit* | |
| **FRIDAY** | Breaded Fish with chips, baked beans and sweetcorn (GF) (DF) | Winter Vegetable Soup with Homemade Bread (V) (GF) |
| | *Date and Toffee Pudding with Toffee Sauce / Yoghurt* | |

**Desserts** – as stated above or a choice of fresh fruit
**Salad** – Available daily
All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or Great Garnetts (sausages contain 80% pork meat)

**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V) Gluten Free (GF) and Dairy Free (DF) alternatives are available if indicated.**

# AUTUMN TERM

***Menu 5 w/c 30 November***

| | YELLOW MEAL | GREEN MEAL | |
|---|---|---|---|
| **MONDAY** | Butcher's Sausage and mashed potatoes with carrots and peas (GF) (DF) | Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF) | |
| | *Chocolate Muffins / Fruit* | | |
| **TUESDAY** | Homemade Beef Meatballs in Tomato Sauce with pasta spirals, sweetcorn and green beans (GF) (DF) | Penne Napoletana (tomato sauce) with cheese, sweetcorn and green beans (V) (GF) (DF) | |
| | *Apple Crumble with Vanilla Custard / Fruit / Yoghurt* | | |
| **WEDNESDAY** | Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) (GF) (DF) | JUNIOR CHRISTMAS LUNCH | |
| | *Jelly with Ice Cream / Fruit* | | |
| **THURSDAY** | Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF) | Chicken Tikka Masala with Basmati Rice, green beans and peas or salad (GF) (DF) | |
| | *Shortbread with Fruit / Yoghurt* | | |
| **FRIDAY** | Homemade Chicken Nuggets and chips with sweetcorn and baked beans (GF) (DF) | Salmon Fishcakes | Vegetable Fingers (V) |
| | | with chips, sweetcorn and baked beans | |
| | *Raspberry and Yoghurt Sponge / Fruit* | | |

**Desserts** – as stated above or a choice of fresh fruit
**Salad** – Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Company or Great Garnetts (sausages contain 80% pork meat)

**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V) Gluten Free (GF) and Dairy Free (DF) alternatives are available if indicated.**

# AUTUMN TERM

***Menu 6 w/c 7 December***

| | YELLOW MEAL | GREEN MEAL |
|---|---|---|
| **MONDAY** | Beef Burger in a bakers' bun with carrots & peas (GF) (DF) OR Cheese Roll with Salad (GF) | Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF) |
| | *Lemon Drizzle Cake / Fruit* | |
| **TUESDAY** | Homemade Chorizo Pizza with green beans, sweetcorn and salad/coleslaw (GF) (DF) | Homemade Cheese and Tomato Pizza with green beans, sweetcorn and salad/coleslaw (V) (GF) (DF) |
| | *Rice Pudding with Jam / Fruit / Yoghurt* | |
| **WEDNESDAY** | Infant Christmas Lunch | Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) (GF) (DF) |
| | *Jelly with Ice Cream / Fruit* | |
| **THURSDAY** | Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF) | Beef Lasagne with green beans and peas or salad |
| | *Banana and Caramel Pudding with Caramel Custard / Fruit* | |
| **FRIDAY** | Breaded Fish Fingers with chips, baked beans and sweetcorn. (GF) (DF) | Vegetable Chinese Style Stir Fry (V) or Chinese Style Stir Fry with Chicken Strips and sweetcorn (DF) |
| | *Chocolate Cracknell/Fruit* | |

**Desserts** – as stated above or a choice of fresh fruit
**Salad** – Available daily
Burger Rolls from Dorringtons Bakery
All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or Great Garnetts (sausages contain 80% pork meat)

**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V) Gluten Free (GF) and Dairy Free (DF) alternatives are available if indicated.**

# AUTUMN TERM

***Week 7 w/c 14th December***

| | YELLOW MEAL | GREEN MEAL |
|---|---|---|
| **MONDAY** | Spaghetti Bolognese, with carrots and cauliflower OR Mushroom, Lentil & tomato sauce with Spaghetti (V) (GF) (DF) | Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF) |
| | *Chocolate Sponge with Chocolate Custard / Fruit* | |
| **TUESDAY** | Christmas Party Lunch | Christmas Party Lunch |
| | | |
| **WEDNESDAY** | Roasted Chicken Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF) (DF) (No Yorkshire) | Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF) |
| | *Jelly with Ice Cream / Fruit* | |
| **THURSDAY** | Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) (GF) (DF) | Vegetable Chinese Stirfry (V) or Chinese Style Stir Fry with Chicken Strips and Sweetcorn (DF) |
| | *Carrot Cake / Fruit* | |
| **FRIDAY** | Breaded Fish with chips, baked beans and sweetcorn (GF) (DF) | Winter Vegetable Soup with Homemade Bread (V) (GF) |
| | *Date and Toffee Pudding with Toffee Sauce / Yoghurt* | |

**Desserts** – as stated above or a choice of fresh fruit
**Salad** – Available daily
All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or Great Garnetts (sausages contain 80% pork meat)

**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V) Gluten Free (GF) and Dairy Free (DF) alternatives are available if indicated.**