

AUTUMN TERM

Menu 1 - Weeks beginning 1st September/21st September/12th October

****On the first day of school (Wed 2nd September) we will be serving the Monday menu choice.****

	YELLOW MEAL	GREEN MEAL
MONDAY **	Spaghetti Bolognese with carrots and cauliflower OR Mushroom, Lentil & Tomato sauce with Spaghetti (V) (GF) (DF)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)
	Chocolate Sponge with Chocolate custard. Fruit GF & DF	
TUESDAY	Homemade Sausage Rolls with new potatoes, green beans and sweetcorn. (DF)	Linguine Carbonara / Cheesy Linguine (V) with salad/vegetables (GF)
	Fruit Flapjack/Fruit GF & D /Yoghurt (GF)	
WEDNESDAY**	Roasted Chicken Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF/DF with no Yorkshire)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)
	Jelly with Ice Cream / Fruit GF & DF	
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) GF bread available. DF	Vegetable Chinese Stirfry (V) or Chinese Style Stir Fry with Chicken Strips and sweetcorn (DF)
	Carrot Cake / Fruit. Fruit GF & DF	
FRIDAY	Breaded Fish with chips, baked beans and sweetcorn (GF) (DF)	Cheese & Leek Parcels with chips, baked beans & sweetcorn (V)
	Date and Toffee Pudding with Toffee Sauce. Yoghurt (GF) Fruit GF & DF	

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

Key - GF - Gluten free. DF - Dairy Free. V - Vegetarian

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or The Churchgate Sausage Co (sausages contain 80% pork meat)

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Menu 2 - Weeks commencing 7th September/28th September/19th October

	YELLOW MEAL	GREEN MEAL	
MONDAY	Hot Dogs with Butchers Sausage and Vegetables and/or Salad. (Vegetarian sausage available) (V) (GF) (DF)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)	
	Chocolate Muffins. Fruit GF & DF		
TUESDAY	Homemade Beef Meatballs in Tomato Sauce with pasta spirals, sweetcorn and green beans (GF) (DF)	Penne Napoletana (tomato sauce) with cheese, sweetcorn and green beans (V) (GF) (DF)	
	Apple Crumble with Vanilla Custard. Fruit GF & DF / Yoghurt (GF)		
WEDNESDAY	Roast Turkey Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF/DF with no Yorkshire)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)	
	Jelly with Ice Cream. Fruit GF & DF		
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) GF bread available. DF	Chicken Tikka Masala with Basmati Rice, green beans and sweetcorn or salad (GF) (DF)	
	Shortbread. Fruit GF & DF/ Yoghurt (GF)		
FRIDAY	Homemade Chicken Nuggets and chips with sweetcorn and baked beans (GF) (DF)	Salmon Fishcakes	Vegetable Fingers (V)
		with chips, sweetcorn and baked beans	
	Raspberry and Yoghurt Sponge / Fruit GF & DF		

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

Key - GF - Gluten free. DF - Dairy Free. V - Vegetarian

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Burger Rolls from Dorringtons Bakery

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Menu 3 - Weeks commencing 14th September/5th October

	YELLOW MEAL	GREEN MEAL
MONDAY	Chicken Fajitas or Vegetarian Fajitas with pepper & cheese (V) (DF) and peas and carrots.	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)
	Lemon Drizzle Cake / Fruit GF & DF	
TUESDAY	Homemade Chorizo Pizza with green beans, sweetcorn and salad/coleslaw (GF) (DF)	Homemade Cheese and Tomato Pizza with green beans, sweetcorn and salad/coleslaw (V) (GF) (DF)
	Rice Pudding with Jam / Fruit GF & DF/ Yoghurt	
WEDNESDAY	Roast Pork & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF/DF with no Yorkshire)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)
	Jelly (GF) (DF) with Ice Cream. Fruit GF & DF	
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) GF bread available. DF	Beef Lasagne with green beans and peas or salad
	Banana and Caramel Pudding with Caramel Custard / Fruit GF & DF	
FRIDAY	Breaded Fish Fingers with chips, baked beans and sweetcorn. (GF) (DF)	Quiche Lorraine (cheese and bacon) or Cheese and Pepper Quiche (V) chips, salad/vegetables.
	Chocolate Cracknell. (Fruit GF & DF/ Yoghurt (GF)	

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or The Churchgate Sausage Co (sausages contain 80% pork meat)

Key - GF - Gluten free. DF - Dairy Free. V - Vegetarian



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