

## **Katherine Semar Infant & Junior Schools**

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[www.katherinesemar.net](http://www.katherinesemar.net)



Executive Headteacher: Mrs Julie Puxley

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Friday 22<sup>nd</sup> May 2026

Dear parents/carers,

We wanted you to be aware that during the Summer 2 half term, we will be teaching the PSHE unit on Relationships and Sex Education lessons. The children will learn that some of their personal characteristics come from their birth parents and that their life choices and experiences will help to shape the future person they will become.

There is an emphasis that all families are characterised by love and care and introduce the concept of 'inner circles' - trusted people children can turn to for support, who may or may not be family members.

We will also teach the children about puberty, with a particular focus on menstruation. The children will be shown a cartoon animation of the female reproductive system to support their learning.

If you have any questions about the learning that will take place, please do not hesitate to contact us.

Kind regards,

The Year 4 Team