



Dear Parents/Carers

Menu (w/c 20th April)

Week 2

Monday 20th April

Year 4/5 Swim

Tuesday 21st April

Dolphin Class Forest School

Wednesday 22nd April

Year 2 Swim

Y5 History Off the Page
– Greek day

Friday 24th April

2.30pm - Parent Forum meeting & RHSE discussion.

Pre-loved uniform after school - (outside main office)

Just a reminder squads begin at 8.15am. (8.10am for netball). Please be punctual. We cannot admit children after 8.20am. You will need to stay with your child until school starts if you arrive late.



This week in School:

Year 3 enjoyed an informative and engaging visit to Cambridge Central Mosque this week. The visit provided a valuable opportunity to begin their learning about Islam as part of their religious education, enriching their understanding through first-hand experience.

Year 6 children also enjoyed an exciting visit to Cambridge, exploring fossils and dinosaurs at the Sedgwick Museum and discovering fascinating animals at the Museum of Zoology.

Our Early Years Dolphin class had their first visit to Forest School this week. The children had a fun-filled afternoon enjoying outdoor play, exploration and adventure.

Quiz Night – rescheduled date!

Mr Aiken will be running his very popular quiz night on Friday 15th May. This will be an evening event for parents/carers. Tickets can be booked now from the shop section of SchoolMoney. Tickets cost £7.50 per person, there will be a bar selling drinks however you are welcome to bring along nibbles (no nuts please). Maximum of 8 people per team, please email the office (admin-inf@katherinesemar.net) at least 7 days before the event letting us know your team's name and team members. We have some people coming alone, or in smaller groups so please let the office know if you would like to be placed into a team! If you already brought tickets (prior to the Easter holidays) then these are still valid for the new date – please let the office know if you can no longer attend and need a refund.

Parent Forum Meeting & Relationship, Health, Sex education Parent Consultation

Our next Parent Forum meeting will be held on Friday 24th April at 2.30pm. There will be a slightly different format to this meeting as we will be consulting with you on the development of our updated RHSE curriculum. This is an opportunity for you to share your views, ask questions, and help shape the content we will be teaching. If you would like to attend, please let us know. The children will be taking part in these lessons called changing me throughout the summer term and more information will follow after the consultation.

Online Safety

Today we have sent out our monthly online safety newsletter. This month's edition includes a link to a new setting on Whatsapp which enables Parent-Managed controls for children under 13, giving you control over who can contact them and which groups they can join. You will also find information about Essex Police's campaign to tackle the risks posed by AI misuse and deepfake technology and articles around protecting children from content relating to 'the manosphere'. There is information about what age ratings are for and how you can stop children from accessing games they are not old enough to play.

Healthy Eating

We have had some families looking for advice and support around healthy eating and weight management. The following may be useful:

For support to maintain a balanced diet and physical activity for families:

NHS Healthy Steps email programme. Sign up for the 8-week Healthy Steps emails and you will be sent lots of low-cost easy tips, fun games, healthy swaps, and tasty recipes on a budget. You can sign up to NHS [Healthy Steps - Step this way.](#)

Website for healthy and easy recipe ideas: NHS Better Health '[Easy ways to eat well and move more](#)'

Children need to be active for at least an hour every day. NHS Better Health '[Activities for kids](#)' webpage to promote activities for children. Advice around talking to your child about weight: Visit [Talking to your child about weight](#) – Guide available to download for parents and caregivers of children aged 4-11 years.



Summer Term Scootathon

We are excited to announce that we will be hosting a Sponsored Ride this summer for families to attend and to raise money for the school. Please find attached the event poster.

This will take place on Sunday, the 5th of July, on a course set up around the school grounds.

Families can come down anytime between 10am and 3pm to complete their laps, and we are asking the children to get family and friends to sponsor them per lap.

Children can use scooters, balance bikes, trikes, bikes with stabilisers or normal pedal bikes - anything with wheels.

More information will follow, and sponsor packs will be sent home with the children nearer the time.

We'd love as many families and children as possible to take part in this great event, so please save the date.

Call for support:

One of our parents, Peter Scott, is the lead organiser and has asked for volunteers to help run the event on the day.

To make this happen and ensure this is run safely, Peter needs support from parents.

If you can spare an hour or two to help marshal the course or run the stands, any time you can give would be much appreciated.

Please contact Peter via text or WhatsApp on 07525987111. He will then get in touch to arrange times and roles with you. Thank you in advance.

Golden Acre Car Park

Following recent security changes at the Golden Acre car park, the gate will now be locked when there are no hall bookings. We know many parents value using the car park at drop-off and pick-up, as it helps ease congestion and keep everyone safe.

Golden Acre has kindly agreed to let us continue using the car park, but this is only possible if we can open the gate for around 30–40 minutes at the start and end of each school day. **The key must be collected from the school office each day and returned once the gate is locked.**

We need volunteers to unlock the gate before drop-off and lock it again after parents have left, and the same at pick-up. This keeps the car park secure and prevents vehicles being left for long periods.

We already have a volunteer for Tuesday and Wednesday after school, and we know others had offered previously—please get in touch again if you can help. With enough volunteers, we can keep the car park available at both drop-off and pick-up.

Vacancy for a Languages Teacher

Saffron Walden County High are looking for a languages teacher – please click on the link for more information. [Saffron Walden County High School - Teacher of Modern Foreign Languages](#)

REMINDERS

Reception Deliveries – A Kind Reminder

We've noticed an increase in the number of items being dropped off at reception during the school day. While we completely understand that things can be forgotten in the morning rush, we kindly ask families to consider whether these items are truly essential, as frequent deliveries can disrupt lessons.

Going forward we will only be able to accept and deliver the following items:

- Medication
- Glasses
- PE kits
- Swimming kits

Please note: School bags, Homework, planners, and reading books will not be accepted for delivery, particularly for children in Years 5 and 6, in line with SWCHS policy which does not allow items to be dropped to the classrooms. We hope this will support children in building resilience and independence.

If your child forgets their water bottle, please don't worry — cups are available in classrooms so they can stay hydrated. However, having their own water bottle is always preferable.





PE/CLUBS/SQUADS INFO

Please find below the timetable for PE for the first half of the summer term

Summer Term – First Half	PE	Swimming	Forest School
EARLY YEARS	Tuesday & Friday	n/a	Dolphins - 14/21/28 April Turtles – 5/12/19 May
YEAR 1	Tuesday & Wednesday	n/a	n/a
YEAR 2	Friday	Wednesday	n/a
YEAR 3	Monday & Thursday	n/a	n/a
YEAR 4	Tuesday	Monday	n/a
YEAR 5	Thursday	Monday	n/a
YEAR 6	Wednesday & Friday	n/a	n/a

- Children should come to school wearing their PE kit on their PE days.
- Year 1 children should also wear their PE kit to school with their swimming costume on underneath on swimming days.
- Year 4/5 children should wear their school uniform on Swimming days and bring their swimwear to change into at the pool.

Squads and Wet weather

Just a reminder that if it is raining on a morning the following clubs/squads will be cancelled (as we do not have an indoor space available). We will not send an email out about this as it will be too early – but if it is raining please assume the clubs below will be cancelled.

Monday – Rounders Y3/4

Tuesday – Netball Squad

Wednesday – Netball Squad

Thursday – Tennis Y3/4

Friday – Netball & Tennis Y5/6

FUNDRAISING

Amazon Wish-list

Lots of families have indicated that they do not have time to support our school by helping out at fundraising events but would be happy to purchase items needed by the school. We have therefore created an amazon “wish list” of additional items we would love for the children. The list can be accessed here, <https://amzn.eu/2G57jB4>. If you choose to buy an item – you do so via your own account but it is shipped directly to school. Thank you in advance! We are also very short on Glue Sticks!!! We would welcome any donations of Prittsticks!

Pre Loved Uniform

Should you ever need contact any preloved uniform please contact preloved@katherinesemar.net. Thank you for your continued support. We will be holding a preloved sale on Friday 24th April from 3-4pm outside the main office!

Wishing you all a lovely weekend

Kind regards

Julie Puxley

Executive Headteacher

