

SPRING TERM

Menu 1A - Week commencing 5th Jan

	YELLOW MEAL	GREEN MEAL
MONDAY	Non Pupil Day	Non Pupil Day
TUESDAY	Spaghetti Bolognese, with carrots and cauliflower OR Mushroom, Lentil & Tomato sauce with Spaghetti (V) (GF), (DF)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF), (DF)
	<i>Chocolate Sponge with Chocolate Custard/Fruit</i>	
WEDNESDAY	Roasted Chicken Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF), (DF) without Yorkshire pudding	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF), (DF)
	<i>Jelly with Ice Cream / Fruit</i>	
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) (GF), (DF)	Linguine Carbonara/Cheesy Carbonara (V) with salad/vegetables
	<i>Carrot Cake / Fruit</i>	
FRIDAY	Breaded Fish Fingers with chips, baked beans and sweetcorn (GF), (DF)	Cheese and Leek parcels with chips, baked beans and sweetcorn (V)
	<i>Date and Toffee Pudding with Toffee Sauce / Fruit</i>	

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or The Churchgate Sausage Co (sausages contain 80% pork meat)

VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V)

Gluten free (GF) and Dairy Free (DF) alternatives are available if indicated

SPRING TERM

Menu 1 - 26th January, 23rd February, 16th March

	YELLOW MEAL	GREEN MEAL
MONDAY	Spaghetti Bolognese, with carrots and cauliflower OR Mushroom, Lentil & Tomato sauce with Spaghetti (V) (GF) , (DF)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) , (DF)
	<i>Chocolate Sponge with Chocolate Custard/Fruit</i>	
TUESDAY	Homemade Sausage Rolls with new potatoes, green beans and sweetcorn. (DF)	Macaroni Cheese, green beans and sweetcorn (V) (GF)
	<i>Fruit Flapjack, Fruit or Yoghurt</i>	
WEDNESDAY	Roasted Chicken Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF) , (DF) without Yorkshire pudding	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) , (DF)
	<i>Jelly with Ice Cream / Fruit</i>	
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) (GF) , (DF)	Linguine Carbonara/Cheesy Carbonara (V) with salad/vegetables
	<i>Carrot Cake / Fruit</i>	
FRIDAY	Breaded Fish Fingers with chips, baked beans and sweetcorn (GF) , (DF)	Cheese and Leek parcels with chips, baked beans and sweetcorn (V)
	<i>Date and Toffee Pudding with Toffee Sauce / Fruit</i>	

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

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Menu 2 - Weeks commencing 12th January, 2nd February, 2nd March & 23rd March

	YELLOW MEAL	GREEN MEAL	
MONDAY	Butcher's Sausage and mashed potatoes with carrots and peas (GF), (DF)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF), (DF)	
	<i>Chocolate Muffins / Fruit</i>		
TUESDAY	Homemade Beef Meatballs in Tomato Sauce with pasta spirals, sweetcorn and green beans (GF), (DF)	Penne Napoletana (tomato sauce) with cheese, sweetcorn and green beans (V) (GF), (DF)	
	<i>Apple Crumble with Vanilla Custard / Fruit / Yoghurt</i>		
WEDNESDAY	Roasted Turkey & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF), (DF) without Yorkshire pudding	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF), (DF)	
	<i>Jelly with Ice Cream / Fruit</i>		
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) (GF), (DF)	Chicken Tikka Masala with Rice, green beans and peas or salad (GF), (DF)	
	<i>Shortbread with Fruit / Yoghurt</i>		
FRIDAY	Homemade Chicken Nuggets and chips with sweetcorn and baked beans (GF), (DF)	Salmon Fishcakes	Vegetable Fingers (V)
		with chips, sweetcorn and baked beans	
	<i>Raspberry and Yoghurt Sponge / Fruit</i>		

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Company or the Churchgate Sausage Co (sausages contain 80% pork meat)

VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V)

Gluten free (GF) and Dairy Free (DF) alternatives are available if indicated

SPRING TERM

Menu 3 - Weeks commencing 19th January, 9th February, 9th March

	YELLOW MEAL	GREEN MEAL
MONDAY	Homemade Beef Burger with peas and carrots (GF), (DF)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF), (DF)
	<i>Lemon Drizzle Cake / Fruit</i>	
TUESDAY	Homemade Chorizo Pizza with green beans/sweetcorn and salad/coleslaw (GF), (DF)	Homemade Cheese and Tomato Pizza with green beans/sweetcorn and salad/coleslaw (V) (GF), (DF)
	<i>Rice Pudding with Jam / Fruit / Yoghurt</i>	
WEDNESDAY	Roasted Pork Loin & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF), (DF) without Yorkshire pudding	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF), (DF)
	<i>Jelly with Ice Cream / Fruit</i>	
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) (GF), (DF)	Beef Lasagne with green beans and peas or salad
	<i>Banana and Caramel Pudding with Caramel Custard / Fruit</i>	
FRIDAY	Breaded Fish with chips, baked beans and sweetcorn (GF), (DF)	Vegetable Chinese Style Stir Fry (V) or Chinese Style Stir Fry with Turkey Strips and sweetcorn
	<i>Chocolate Cracknell with Fruit / Yoghurt</i>	

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

Burger Rolls from Dorringtons Bakery

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VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V)

Gluten free (GF) and Dairy Free (DF) alternatives are available if indicated