

AUTUMN TERM

Menu 1A - Week beginning 3rd November

	YELLOW MEAL	GREEN MEAL
MONDAY	Non pupil day	Non pupil day
TUESDAY	Spaghetti Bolognese, with carrots and cauliflower OR Mushroom, Lentil & tomato sauce with Spaghetti (V) (GF) (DF)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)
	<i>Chocolate Sponge with Chocolate Custard / Fruit</i>	
WEDNESDAY	Roasted Chicken Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF) (DF) (No Yorkshire)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)
	<i>Jelly with Ice Cream / Fruit</i>	
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) (GF) (DF)	Linguine Carbonara / Cheesy Linguine (V) with salad/vegetables
	<i>Carrot Cake / Fruit</i>	
FRIDAY	Breaded Fish with chips, baked beans and sweetcorn (GF) (DF)	Winter Vegetable Soup with Homemade Bread (V) (GF)
	<i>Date and Toffee Pudding with Toffee Sauce / Yoghurt</i>	

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or Great Garnetts (sausages contain 80% pork meat)

VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V) Gluten Free (GF) and Dairy Free (DF) alternatives are available if indicated.

AUTUMN TERM

Menu 2 - Week commencing 10th November

	YELLOW MEAL	GREEN MEAL	
MONDAY	Butcher's Sausage and mashed potatoes with carrots and peas (GF) (DF)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)	
	<i>Chocolate Muffins / Fruit</i>		
TUESDAY	Homemade Beef Meatballs in Tomato Sauce with pasta spirals, sweetcorn and green beans (GF) (DF)	Penne Napoletana (tomato sauce) with cheese, sweetcorn and green beans (V) (GF) (DF)	
	<i>Apple Crumble with Vanilla Custard / Fruit / Yoghurt</i>		
WEDNESDAY	Roast Turkey Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF) (DF) (No Yorkshire)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)	
	<i>Jelly with Ice Cream / Fruit</i>		
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) (GF) (DF)	Chicken Tikka Masala with Basmati Rice, green beans and peas or salad (GF) (DF)	
	<i>Shortbread with Fruit / Yoghurt</i>		
FRIDAY	Homemade Chicken Nuggets and chips with sweetcorn and baked beans (GF) (DF)	Salmon Fishcakes	Vegetable Fingers (V)
		with chips, sweetcorn and baked beans	
	<i>Raspberry and Yoghurt Sponge / Fruit</i>		

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Company or Great Garnetts (sausages contain 80% pork meat)

VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V) Gluten Free (GF) and Dairy Free (DF) alternatives are available if indicated.

AUTUMN TERM

Menu 3 - Week commencing 17th November

	YELLOW MEAL	GREEN MEAL
MONDAY	Homemade Beef Burger with peas and carrots (GF) (DF)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)
	<i>Lemon Drizzle Cake / Fruit</i>	
TUESDAY	Homemade Chorizo Pizza with green beans, sweetcorn and salad/coleslaw (GF) (DF)	Homemade Cheese and Tomato Pizza with green beans, sweetcorn and salad/coleslaw (V) (GF) (DF)
	<i>Rice Pudding with Jam / Fruit / Yoghurt</i>	
WEDNESDAY	Roast Pork & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF) (DF) (No Yorkshire)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)
	<i>Jelly with Ice Cream / Fruit</i>	
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) (GF) (DF)	Beef Lasagne with green beans and peas or salad
	<i>Banana and Caramel Pudding with Caramel Custard / Fruit</i>	
FRIDAY	Breaded Fish Fingers with chips, baked beans and sweetcorn. (GF) (DF)	Vegetable Chinese Style Stir Fry (V) or Chinese Style Stir Fry with Turkey Strips and sweetcorn (DF)
	<i>Chocolate Cracknell/Fruit</i>	

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

Burger Rolls from Dorringtons Bakery

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or Great Garnetts (sausages contain 80% pork meat)

VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V) Gluten Free (GF) and Dairy Free (DF) alternatives are available if indicated.

AUTUMN TERM

Week 1 - Commencing 24th November

	YELLOW MEAL	GREEN MEAL
MONDAY	Spaghetti Bolognese, with carrots and cauliflower OR Mushroom, Lentil & tomato sauce with Spaghetti (V) (GF) (DF)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)
	<i>Chocolate Sponge with Chocolate Custard / Fruit</i>	
TUESDAY	Homemade Sausage Rolls with new potatoes, green beans and sweetcorn (DF)	Macaroni Cheese, green beans and sweetcorn (V) (GF)
	<i>Fruit Flapjack / Fruit / Yoghurt</i>	
WEDNESDAY	Roasted Chicken Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF) (DF) (No Yorkshire)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)
	<i>Jelly with Ice Cream / Fruit</i>	
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) (GF) (DF)	Linguine Carbonara / Cheesy Linguine (V) with salad/vegetables
	<i>Carrot Cake / Fruit</i>	
FRIDAY	Breaded Fish with chips, baked beans and sweetcorn (GF) (DF)	Winter Vegetable Soup with Homemade Bread (V) (GF)
	<i>Date and Toffee Pudding with Toffee Sauce / Yoghurt</i>	

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or Great Garnetts (sausages contain 80% pork meat)

VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V) Gluten Free (GF) and Dairy Free (DF) alternatives are available if indicated.

AUTUMN TERM

Menu 2 - Week commencing 1 December

	YELLOW MEAL	GREEN MEAL	
MONDAY	Butcher's Sausage and mashed potatoes with carrots and peas (GF) (DF)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)	
	<i>Chocolate Muffins / Fruit</i>		
TUESDAY	Homemade Beef Meatballs in Tomato Sauce with pasta spirals, sweetcorn and green beans (GF) (DF)	Penne Napoletana (tomato sauce) with cheese, sweetcorn and green beans (V) (GF) (DF)	
	<i>Apple Crumble with Vanilla Custard / Fruit / Yoghurt</i>		
WEDNESDAY	INFANTS - Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V)	JUNIOR SCHOOL CHRISTMAS LUNCH	
	<i>Jelly with Ice Cream / Fruit</i>		
THURSDAY	Jacket potato with a choice of fillings(baked beans, cheese and tuna) and Salad/Vegetables (V) (GF) (DF)	Chicken Tikka Masala with Basmati Rice, green beans and peas or salad (GF) (DF)	
	<i>Shortbread with Fruit / Yoghurt</i>		
FRIDAY	Homemade Chicken Nuggets and chips with sweetcorn and baked beans (GF) (DF)	Salmon Fishcakes	Vegetable Fingers (V)
		with chips, sweetcorn and baked beans	
	<i>Raspberry and Yoghurt Sponge / Fruit</i>		

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Company or Great Garnetts (sausages contain 80% pork meat)

VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V) Gluten Free (GF) and Dairy Free (DF) alternatives are available if indicated.

AUTUMN TERM

Menu 3 - Week commencing 8th December

	YELLOW MEAL	GREEN MEAL
MONDAY	Homemade Beef Burger with peas and carrots (GF) (DF)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)
	<i>Lemon Drizzle Cake / Fruit</i>	
TUESDAY	Homemade Chorizo Pizza with green beans, sweetcorn and salad/coleslaw (GF) (DF)	Homemade Cheese and Tomato Pizza with green bean, sweetcorn and salad/coleslaw (V) (GF) (DF)
	<i>Rice Pudding with Jam / Fruit / Yoghurt</i>	
WEDNESDAY	Roast Pork & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli (GF) (DF) (No Yorkshire)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)
	<i>Jelly with Ice Cream / Fruit</i>	
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V) (GF) (DF)	Beef Lasagne with green beans and peas or salad
	<i>Banana and Caramel Pudding with Caramel Custard / Fruit</i>	
FRIDAY	Christmas Party Lunch	Christmas Party Lunch
	<i>Sandwiches, Crisps, Mini Sausage roll (plus Vegetarian option), cocktail sausages and vegetable sticks. Christmas Fairy Cakes . (V) (GF) (DF)</i>	

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

Burger Rolls from Dorringtons Bakery

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or Great Garnetts (sausages contain 80% pork meat)

VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V) Gluten Free (GF) and Dairy Free (DF) alternatives are available if indicated.

AUTUMN TERM

Menu 1 - Week commencing 15th December

	YELLOW MEAL	GREEN MEAL
MONDAY	Spaghetti Bolognese, with carrots and cauliflower OR Mushroom, Lentil & tomato sauce with Spaghetti (V) (GF) (DF)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V) (GF) (DF)
	<i>Chocolate Sponge with Chocolate Custard / Fruit</i>	
TUESDAY	Homemade Sausage Rolls with new potatoes, green beans and sweetcorn (DF)	Macaroni Cheese, green beans and sweetcorn (V) (GF)
	<i>Fruit Flapjack / Fruit / Yoghurt</i>	
WEDNESDAY	INFANT SCHOOL CHRISTMAS LUNCH	JUNIORS - Baguette with ham/tuna/cheese, Salad or a choice of vegetables. Jelly with Ice Cream/Fruit
	<i>Jelly with Ice Cream / Fruit</i>	
THURSDAY	Jacket potato with a choice of fillings(baked beans, cheese and tuna) and Salad/Vegetables (V) (GF) (DF)	Linguine Carbonara / Cheesy Linguine (V) with salad/vegetables
	<i>Carrot Cake / Fruit</i>	
FRIDAY	Breaded Fish with chips, baked beans and sweetcorn (GF) (DF)	Vegetable Chinese Style Stir Fry (V) or Chinese Style Stir Fry with Turkey Strips and sweetcorn. (DF)
	<i>Chocolate Cracknell/Fruit</i>	

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or Great Garnetts (sausages contain 80% pork meat)

VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V) Gluten Free (GF) and Dairy Free (DF) alternatives are available if indicated.



AUTUMN TERM

