

AUTUMN TERM

Menu 1A - Weeks beginning 1st September

	YELLOW MEAL	GREEN MEAL
MONDAY	Non Pupil Day	Non Pupil Day
TUESDAY	Spaghetti Bolognese with carrots and cauliflower OR Mushroom, Lentil & Tomato sauce with Spaghetti (V)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Chocolate Sponge with Chocolate custard/Fruit</i>	
WEDNESDAY	Roasted Chicken Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Jelly with Ice Cream / Fruit</i>	
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V)	Linguine Carbonara / Cheesy Linguine (V) with salad/vegetables
FRIDAY	Breaded Fish with chips, baked beans and sweetcorn	Cheese & Leek Parcels with chips, baked beans & sweetcorn (V)
	<i>Date and Toffee Pudding with Toffee Sauce / Yoghurt</i>	

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or The Churchgate Sausage Co (sausages contain 80% pork meat)

VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V)

AUTUMN TERM

Menu 2 - Weeks commencing 8th September/29th September/20th October

	YELLOW MEAL	GREEN MEAL	
MONDAY	Butcher's Sausage and mashed potatoes with carrots and peas	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)	
	<i>Chocolate Muffins / Fruit</i>		
TUESDAY	Homemade Beef Meatballs in Tomato Sauce with pasta spirals, sweetcorn and green beans	Penne Napoletana (tomato sauce) with cheese, sweetcorn and green beans (V)	
	<i>Apple Crumble with Vanilla Custard / Fruit / Yoghurt</i>		
WEDNESDAY	Roast Turkey Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)	
	<i>Jelly with Ice Cream / Fruit</i>		
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V)	Chicken Tikka Masala with Basmati Rice, green beans and sweetcorn or salad	
	<i>Shortbread with Fruit / Yoghurt</i>		
FRIDAY	Homemade Chicken Nuggets and chips with sweetcorn and baked beans	Salmon Fishcakes	Vegetable Fingers (V)
		with chips, sweetcorn and baked beans	
	<i>Raspberry and Yoghurt Sponge / Fruit</i>		

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

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VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V)

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Menu 3 - Weeks commencing 15th September/6th October

	YELLOW MEAL	GREEN MEAL
MONDAY	Homemade Beef Burger with peas and carrots	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Lemon Drizzle Cake / Fruit</i>	
TUESDAY	Homemade Chorizo Pizza with green beans, sweetcorn and salad/coleslaw	Homemade Cheese and Tomato Pizza with green beans, sweetcorn and salad/coleslaw (V)
	<i>Rice Pudding with Jam / Fruit / Yoghurt</i>	
WEDNESDAY	Roast Pork & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Jelly with Ice Cream / Fruit</i>	
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V)	Beef Lasagne with green beans and peas or salad
	<i>Banana and Caramel Pudding with Caramel Custard / Fruit</i>	
FRIDAY	Breaded Fish Fingers with chips, baked beans and sweetcorn.	Vegetable Chinese Stirfry (V) or Chinese Style Stir Fry with Turkey Strips and sweetcorn
	<i>Chocolate Cracknell with Fruit / Yoghurt</i>	

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

Burger Rolls from Dorringtons Bakery

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AUTUMN TERM

Menu 1 - Weeks beginning 22nd September/13th October

	YELLOW MEAL	GREEN MEAL
MONDAY	Spaghetti Bolognese with carrots and cauliflower OR Mushroom, Lentil & Tomato sauce with Spaghetti (V)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Chocolate Sponge with Chocolate custard/Fruit</i>	
TUESDAY	Homemade Sausage Rolls with new potatoes, green beans and sweetcorn.	Macaroni Cheese, green beans & sweetcorn. (V)
	<i>Fruit Flapjack/Fruit/Yoghurt</i>	
WEDNESDAY	Roasted Chicken Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Jelly with Ice Cream / Fruit</i>	
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V)	Linguine Carbonara / Cheesy Linguine (V) with salad/vegetables
	<i>Carrot Cake / Fruit</i>	
FRIDAY	Breaded Fish with chips, baked beans and sweetcorn	Cheese & Leek Parcels with chips, baked beans & sweetcorn (V)
	<i>Date and Toffee Pudding with Toffee Sauce / Yoghurt</i>	

Desserts - as stated above or a choice of fresh fruit

Salad - Available daily

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