

## AUTUMN TERM

### Menu 1 - Weeks beginning 4<sup>th</sup> September

	YELLOW MEAL	GREEN MEAL
<b>MONDAY</b>	Non Pupil Day	Non Pupil Day
<b>TUESDAY</b>	Non Pupil Day	Non Pupil Day
<b>WEDNESDAY</b>	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V)	Linguine Carbonara / Cheesy Linguine (V) with salad/vegetables
	<i>Carrot Cake / Fruit</i>	
<b>THURSDAY</b>	Roasted Chicken Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Jelly with Ice Cream / Fruit</i>	
<b>FRIDAY</b>	Breaded Fish with chips, baked beans and sweetcorn	Vegetable Chinese Style Stir Fry (V) or Chinese Style Stir Fry with Turkey Strips and sweetcorn
	<i>Date and Toffee Pudding with Toffee Sauce / Yoghurt</i>	

**Desserts** - as stated above or a choice of fresh fruit

**Salad** - Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or The Churchgate Sausage Co (sausages contain 80% pork meat)

**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V)**

## AUTUMN TERM

### Menu 2 - Weeks commencing 9<sup>th</sup> September, 30 September & 21 October

	YELLOW MEAL	GREEN MEAL	
<b>MONDAY</b>	Butcher's Sausage and mashed potatoes with carrots and peas	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)	
	<i>Chocolate Muffins / Fruit</i>		
<b>TUESDAY</b>	Homemade Beef Meatballs in Tomato Sauce with pasta spirals, sweetcorn and green beans	Penne Napoletana (tomato sauce) with cheese, sweetcorn and green beans (V)	
	<i>Apple Crumble with Vanilla Custard / Fruit / Yoghurt</i>		
<b>WEDNESDAY</b>	Roast Turkey Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)	
	<i>Jelly with Ice Cream / Fruit</i>		
<b>THURSDAY</b>	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V)	Chicken Tikka Masala with Basmati Rice, green beans and sweetcorn or salad	
	<i>Shortbread with Fruit / Yoghurt</i>		
<b>FRIDAY</b>	Homemade Chicken Nuggets and chips with sweetcorn and baked beans	Salmon Fishcakes	Vegetable Fingers (V)
		with chips, sweetcorn and baked beans	
	<i>Raspberry and Yoghurt Sponge / Fruit</i>		

**Desserts** - as stated above or a choice of fresh fruit

**Salad** - Available daily

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**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V)**

## AUTUMN TERM

### Menu 3 - Weeks commencing 16 September & 7 October

	YELLOW MEAL	GREEN MEAL
<b>MONDAY</b>	Homemade Beef Burger with peas and carrots	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Lemon Drizzle Cake / Fruit</i>	
<b>TUESDAY</b>	Homemade Chorizo Pizza with green beans, sweetcorn and salad/coleslaw	Homemade Cheese and Tomato Pizza with green beans, sweetcorn and salad/coleslaw (V)
	<i>Rice Pudding with Jam / Fruit / Yoghurt</i>	
<b>WEDNESDAY</b>	Roast Pork & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Jelly with Ice Cream / Fruit</i>	
<b>THURSDAY</b>	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V)	Beef Lasagne with green beans and peas or salad
	<i>Banana and Caramel Pudding with Caramel Custard / Fruit</i>	
<b>FRIDAY</b>	Breaded Fish Fingers with chips, baked beans and sweetcorn.	Cheese and Leek Parcels with chips, baked beans and sweetcorn (V)
	<i>Chocolate Cracknell with Fruit / Yoghurt</i>	

**Desserts** - as stated above or a choice of fresh fruit

**Salad** - Available daily

Burger Rolls from Dorringtons Bakery

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**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V)**

## AUTUMN TERM

Menu 1 - Weeks beginning 23 September & 14 October

	YELLOW MEAL	GREEN MEAL
MONDAY	Spaghetti Bolognese with carrots and cauliflower OR Mushroom, Lentil & Tomato sauce with Spaghetti (V)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Chocolate Sponge with Chocolate custard/Fruit</i>	
TUESDAY	Homemade Sausage Rolls with new potatoes, green beans and sweetcorn.	Macaroni Cheese, green beans & sweetcorn. (V)
	<i>Fruit Flapjack/Fruit/Yoghurt</i>	
WEDNESDAY	Roasted Chicken Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Jelly with Ice Cream / Fruit</i>	
THURSDAY	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V)	Linguine Carbonara / Cheesy Linguine (V) with salad/vegetables
	<i>Carrot Cake / Fruit</i>	
FRIDAY	Breaded Fish with chips, baked beans and sweetcorn	Vegetable Chinese Style Stir Fry (V) or Chinese Style Stir Fry with Turkey Strips and sweetcorn.
	<i>Date and Toffee Pudding with Toffee Sauce / Yoghurt</i>	

**Desserts** - as stated above or a choice of fresh fruit

**Salad** - Available daily

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**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V)**