

## AUTUMN TERM

### Menu 1 - Week beginning 4 November

	YELLOW MEAL	GREEN MEAL
<b>MONDAY</b>	Spaghetti Bolognese, with carrots and cauliflower OR Mushroom, Lentil & tomato sauce with Spaghetti (V)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Chocolate Sponge with Chocolate Custard / Fruit</i>	
<b>TUESDAY</b>	Homemade Sausage Rolls with new potatoes, green beans and sweetcorn	Macaroni Cheese, green beans and sweetcorn (V)
	<i>Fruit Flapjack / Fruit / Yoghurt</i>	
<b>WEDNESDAY</b>	Roasted Chicken Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Jelly with Ice Cream / Fruit</i>	
<b>THURSDAY</b>	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V)	Linguine Carbonara / Cheesy Linguine (V) with salad/vegetables
	<i>Carrot Cake / Fruit</i>	
<b>FRIDAY</b>	Breaded Fish with chips, baked beans and sweetcorn	Vegetable Chinese Style Stir Fry (V) or Chinese Style Stir Fry with Turkey Strips and sweetcorn.
	<i>Date and Toffee Pudding with Toffee Sauce / Yoghurt</i>	

**Desserts** - as stated above or a choice of fresh fruit

**Salad** - Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or Great Garnetts (sausages contain 80% pork meat)

**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V)**

## AUTUMN TERM

### Menu 2 - Week commencing 11<sup>th</sup> November

	YELLOW MEAL	GREEN MEAL	
<b>MONDAY</b>	Butcher's Sausage and mashed potatoes with carrots and peas	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)	
	<i>Chocolate Muffins / Fruit</i>		
<b>TUESDAY</b>	Homemade Beef Meatballs in Tomato Sauce with pasta spirals, sweetcorn and green beans	Penne Napoletana (tomato sauce) with cheese, sweetcorn and green beans (V)	
	<i>Apple Crumble with Vanilla Custard / Fruit / Yoghurt</i>		
<b>WEDNESDAY</b>	Roast Turkey Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)	
	<i>Jelly with Ice Cream / Fruit</i>		
<b>THURSDAY</b>	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V)	Chicken Tikka Masala with Basmati Rice, green beans and peas or salad	
	<i>Shortbread with Fruit / Yoghurt</i>		
<b>FRIDAY</b>	Homemade Chicken Nuggets and chips with sweetcorn and baked beans	Salmon Fishcakes	Vegetable Fingers (V)
		with chips, sweetcorn and baked beans	
	<i>Raspberry and Yoghurt Sponge / Fruit</i>		

**Desserts** - as stated above or a choice of fresh fruit

**Salad** - Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Company or Great Garnetts (sausages contain 80% pork meat)

**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V)**

## AUTUMN TERM

### Menu 3 - Week commencing 18<sup>th</sup> November

	YELLOW MEAL	GREEN MEAL
<b>MONDAY</b>	Homemade Beef Burger with peas and carrots	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Lemon Drizzle Cake / Fruit</i>	
<b>TUESDAY</b>	Homemade Chorizo Pizza with green beans, sweetcorn and salad/coleslaw	Homemade Cheese and Tomato Pizza with green beans, sweetcorn and salad/coleslaw (V)
	<i>Rice Pudding with Jam / Fruit / Yoghurt</i>	
<b>WEDNESDAY</b>	Roast Pork & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Jelly with Ice Cream / Fruit</i>	
<b>THURSDAY</b>	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V)	Beef Lasagne with green beans and sweetcorn or salad
	<i>Banana and Caramel Pudding with Caramel Custard / Fruit</i>	
<b>FRIDAY</b>	Non Pupil day	Non Pupil Day

**Desserts** - as stated above or a choice of fresh fruit

**Salad** - Available daily

Burger Rolls from Dorringtons Bakery

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or Great Garnetts (sausages contain 80% pork meat)

**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V)**

## AUTUMN TERM

*Week 1 - Commencing 25<sup>th</sup> November*

	YELLOW MEAL	GREEN MEAL
<b>MONDAY</b>	Spaghetti Bolognese, with carrots and cauliflower OR Mushroom, Lentil & tomato sauce with Spaghetti (V)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Chocolate Sponge with Chocolate Custard / Fruit</i>	
<b>TUESDAY</b>	Homemade Sausage Rolls with new potatoes, green beans and sweetcorn	Macaroni Cheese, green beans and sweetcorn (V)
	<i>Fruit Flapjack / Fruit / Yoghurt</i>	
<b>WEDNESDAY</b>	Roasted Chicken Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Jelly with Ice Cream / Fruit</i>	
<b>THURSDAY</b>	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V)	Linguine Carbonara / Cheesy Linguine (V) with salad/vegetables
	<i>Carrot Cake / Fruit</i>	
<b>FRIDAY</b>	Breaded Fish with chips, baked beans and sweetcorn	Vegetable Chinese Style Stir Fry (V) or Chinese Style Stir Fry with Turkey Strips and sweetcorn
	<i>Date and Toffee Pudding with Toffee Sauce / Yoghurt</i>	

**Desserts** - as stated above or a choice of fresh fruit

**Salad** - Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or Great Garnetts (sausages contain 80% pork meat)

**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V)**

## AUTUMN TERM

### Menu 2 - Week commencing 2 December

	YELLOW MEAL	GREEN MEAL	
<b>MONDAY</b>	Butcher's Sausage and mashed potatoes with carrots and peas	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)	
	<i>Chocolate Muffins / Fruit</i>		
<b>TUESDAY</b>	Homemade Beef Meatballs in Tomato Sauce with pasta spirals, sweetcorn and green beans	Penne Napoletana (tomato sauce) with cheese, sweetcorn and green beans (V)	
	<i>Apple Crumble with Vanilla Custard / Fruit / Yoghurt</i>		
<b>WEDNESDAY</b>	INFANTS - Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V)	JUNIOR SCHOOL CHRISTMAS LUNCH	
	<i>Jelly with Ice Cream / Fruit</i>		
<b>THURSDAY</b>	Jacket potato with a choice of fillings(baked beans, cheese and tuna) and Salad/Vegetables (V)	Chicken Tikka Masala with Basmati Rice, green beans and peas or salad	
	<i>Shortbread with Fruit / Yoghurt</i>		
<b>FRIDAY</b>	Homemade Chicken Nuggets and chips with sweetcorn and baked beans	Salmon Fishcakes	Vegetable Fingers (V)
		with chips, sweetcorn and baked beans	
	<i>Raspberry and Yoghurt Sponge / Fruit</i>		

**Desserts** - as stated above or a choice of fresh fruit

**Salad** - Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Company or Great Garnetts (sausages contain 80% pork meat)

**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V)**

## AUTUMN TERM

### Menu 3 - Week commencing 9<sup>th</sup> December

	YELLOW MEAL	GREEN MEAL
<b>MONDAY</b>	Homemade Beef Burger with peas and carrots	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Lemon Drizzle Cake / Fruit</i>	
<b>TUESDAY</b>	Homemade Chorizo Pizza with green beans, sweetcorn and salad/coleslaw	Homemade Cheese and Tomato Pizza with green beans and salad/coleslaw (V)
	<i>Rice Pudding with Jam / Fruit / Yoghurt</i>	
<b>WEDNESDAY</b>	<b>INFANT SCHOOL CHRISTMAS LUNCH</b>	<b>JUNIORS - Baguette with ham/tuna/cheese, Salad or a choice of vegetables. Jelly with Ice Cream/Fruit</b>
<b>THURSDAY</b>	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)	Beef Lasagne with green beans and peas or salad
	<i>Banana and Caramel Pudding with Caramel Custard / Fruit</i>	
<b>FRIDAY</b>	Breaded Fish Fingers with chips, baked beans and sweetcorn	Vegetable Soup with Homemade Bread (V)
	<i>Chocolate Cracknell with Fruit / Yoghurt</i>	

**Desserts** - as stated above or a choice of fresh fruit

**Salad** - Available daily

Burger Rolls from Dorringtons Bakery

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**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V)**

## AUTUMN TERM

Menu 1 - Week commencing 16<sup>th</sup> December

	<b>YELLOW MEAL</b>	<b>GREEN MEAL</b>
<b>MONDAY</b>	Spaghetti Bolognese, with carrots and cauliflower OR Mushroom, Lentil & tomato sauce with Spaghetti (V)	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Chocolate Sponge with Chocolate Custard / Fruit</i>	
<b>TUESDAY</b>	<b>Christmas Party Lunch</b>	<b>Christmas Party Lunch</b>
	<i>Sandwiches, Crisps, Sausage roll (plus Vegetarian option), cocktail sausages and vegetable sticks.</i>	
<b>WEDNESDAY</b>	Roasted Chicken Fillets & Yorkshire pudding OR Cheesy Yorkshire Pudding (V) with roasted potatoes, carrots and fresh broccoli	Jacket Potato with a choice of fillings (baked beans, cheese and tuna) and salad/vegetables (V)
	<i>Jelly with Ice Cream / Fruit</i>	
<b>THURSDAY</b>	Baguette with ham/tuna/cheese/egg-mayonnaise, salad or choice of vegetables (V)	Linguine Carbonara / Cheesy Linguine (V) with salad/vegetables
	<i>Carrot Cake / Fruit</i>	
<b>FRIDAY</b>	Breaded Fish with chips, baked beans and sweetcorn	Vegetable Chinese Style Stir Fry (V) or Chinese Style Stir Fry with Turkey Strips and sweetcorn.
	<i>Date and Toffee Pudding with Toffee Sauce / Yoghurt</i>	

**Desserts** - as stated above or a choice of fresh fruit

**Salad** - Available daily

All meat is purchased from Burton & Son Butchers, Broad Oak Farm Sausage Co or Great Garnetts (sausages contain 80% pork meat)

**VEGETARIAN OPTIONS AVAILABLE AS ON MENU MARKED (V)**



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