

PSHE Long term plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Years	It's good to be me – managing my emotions	Celebrating difference	Healthy me	Dreams and goals	Relationships Healthy me - Road Safety	Changing me
Year One	It's good to be me – managing my emotions	Celebrating difference	Dreams and goals	Changing me	Relationships	Healthy me
Year Two	It's good to be me – managing my emotions	Celebrating difference	Dreams and goals	Healthy me	Relationships	Changing me
Year Three	It's good to be me – managing my emotions	Celebrating difference	Dreams and goals	Healthy me	Relationships	Changing me
Year Four	It's good to be me – managing my emotions	Celebrating difference	Dreams and goals	Healthy me	Relationships	Changing me
Year Five	It's good to be me – managing my emotions	Celebrating difference	Dreams and goals	Healthy me	Relationships	Changing me
Year Six	It's good to be me – managing my emotions	Healthy me	Celebrating difference	Dreams and goals	Relationships	Changing me

It's good to be me – managing my emotions	Celebrating difference	Healthy me	Dreams and goals	Relationships	Changing me
---	------------------------	------------	------------------	---------------	-------------

Throughout each unit, the Zones of Regulation are referred to where appropriate.