

Equal opportunities

PAC-UK is committed to providing a service based on racial equality and equal opportunities. It has an ethnically and culturally diverse staff. If you have a concern about the ethnicity or gender of your counsellor PAC-UK will do its best to accommodate your request.

PAC-UK operates service user evaluation and complaints procedures.

PAC-UK

London Office
5 Torriano Mews
Torriano Avenue
London NW5 2RZ

tel 020 7284 0555

fax 020 7482 2367

advice 020 7284 5879

email advice@pac-uk.org

web www.pac-uk.org

 twitter.com/PACUKadoption

 find us on Facebook

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PAC-UK



**THE AGENCY FOR
ADOPTION &
PERMANENCY
SUPPORT**

PAC-UK's other services

PAC-UK offers a wide range of support for all parties to adoption and other forms of permanent care at its London premises:

- a child and family service offering a range of services for adoptive and permanent placement families, including intensive therapeutic family work
- a counselling service for individual adults and couples
- a range of support services for birth relatives
- range of services to support adopted and permanently placed children in school
- workshops, groups and seminars
- professional consultation and training
- bespoke training and services for professional agencies

For more information contact PAC-UK

Essex County Council Adoption Team

County Hall
Market Road
Chelmsford
CM1 1QH



tel: 0800 801 530

email: adoptionandfostering@essex.gov.uk

web: www.essex.gov.uk

Adoption & Permanent Placement Support for Residents of Essex

PAC-UK in partnership with Essex Council



About PAC-UK

In 2014 PAC (founded 1986) and After Adoption Yorkshire (AAY, founded 1994) merged to form PAC-UK, the largest independent adoption support agency in the country.

PAC-UK's vision is that all people affected by adoption and other forms of permanence are supported and enabled to live their lives to the full.

Each year PAC-UK receives around 3,000 requests for help from people affected by adoption or other forms of permanent care, as well as the professionals who support them.

PAC-UK is an independent charity which provides a confidential service. We have particular expertise in working with minority ethnic children, families and adults and with transracially adopted children and adults.

ADVICE LINE

020 7284 5879

Mon, Tues & Fri
10.00am - 4.00pm

Wed & Thurs
2.00pm - 7.30pm

EDUCATION ADVICE LINE

020 7284 5879

Wed & Thurs
10am - 12 noon

(available to parents/carers and professionals; closed during half term and school holidays)



PAC-UK Staff

PAC-UK's counsellors are professionally qualified in counselling/psychotherapy, psychology and/or social work and have a wide range of experience and training in all aspects of adoption and permanent placement. Counselling staff are supported by external professional supervisors and administrative staff.

PAC-UK and Essex

PAC-UK provides free, monthly face-to-face counselling surgeries at venues in the county for residents with a personal or professional involvement in adoption or permanent care.

Appointments for the surgeries can be arranged by calling PAC-UK's Advice Line.

Counselling surgery

Free, monthly face-to-face counselling surgeries at venues across Essex. Advice, information and support is given in individual or couple sessions with PAC-UK counsellors. Surgeries offer the following:

For **birth parents and birth relatives of adopted / permanently placed children, including those who are now adults**

- counselling after the adoption order or permanent placement
- support and advice on contact arrangements
- intermediary service

For **adoptive parents and other carers of permanently placed children, including prospective adopters / permanent carers***

- pre- and post-placement counselling
- support and advice on contact arrangements with birth family members
- post-disruption counselling

For **adults adopted or otherwise permanently placed as children**

- counselling
- intermediary service

For **professionals working in adoption and permanent care**

- consultation with PAC-UK counsellors

Birth relative drop-in

PAC-UK hosts a fortnightly birth relative drop-in in Kentish Town, NW5. Drop-ins are open to residents of Essex and are free of charge. The meetings offer a confidential space in which relatives whose birth family members have been adopted or are in other forms of permanent care can talk about their fears, feelings and loss.

Call PAC-UK's Advice Line or see our website for more information

*some restrictions may apply where placements were made by local authorities other than Essex - please contact us.